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How is AI Impacting Physical Energy Trading – Winning & Losing Strategies?

BY RICHARD FREY, CEO, INAIT

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Artificial Intelligence is rapidly redefining physical energy trading by giving traders unprecedented forecasting power while forcing them to rethink how they integrate human judgment with machine precision. The winners in this new era won't be those who surrender to automation—but those who build systems where AI enhances, rather than replaces, the human trader.

With partnerships like inait and Microsoft and embedding inait's advanced neural forecasting platform FutureComplete directly into cloud ecosystems, traders can now access predictive models that quantify uncertainty in real time, eliminating the traditional lag between signal and decision. The “confidence interval” becomes the trader's new compass—showing not just what's likely, but how much to trust it.

Yet the competitive edge lies in the data. Those who combine proprietary shipping, logistics, and refinery information with global market feeds will generate forecasts no one else can

replicate. However, this raises critical questions about trust and data sovereignty. Many energy firms remain reluctant to share sensitive data, fearing loss of control. The path forward lies in sovereign cloud solutions that keep data local and secure while enabling AI to operate seamlessly within existing infrastructures.

AI's success will depend on explainability and transparency. Traders must be able to interrogate predictions, challenge assumptions, and inject human context into machine-driven outputs. Systems that act as “colleagues” rather than black boxes will inspire the trust necessary for real-world adoption.

In the end, the greatest risk is inaction. As financial traders and hedge funds already exploit AI's speed and adaptability, physical players risk losing their edge if they wait too long. The winning strategy is to start small, test fast, and scale what works—because in a market where milliseconds matter, the future of trading belongs to those who learn faster. ■

Top 10 Takeaways

1. AI as a Human-Enhancement Tool, not a Replacement

AI is not replacing traders but amplifying them. The winning model combines machine precision with human judgment, enabling traders to interpret forecasts, test scenarios, and make confident calls. This human-in-the-loop approach ensures accountability; safeguards oversight and builds trust by turning AI into a decision-enhancement engine rather than an autonomous replacement system.

2. Forecasting Accuracy Becomes the New Competitive Edge

The core advantage of AI lies in precision forecasting. Advanced neural networks now deliver real-time volatility and spread projections with measurable “confidence intervals” that quantify uncertainty. This transparency allows traders to act decisively, calibrate risk exposure, and defend positions. The new benchmark of trading excellence is predictive accuracy underpinned by explainable AI.

3. Integration Through Cloud Ecosystems Reduces Barriers

AI adoption no longer requires costly digital overhauls. Through partnerships such as inait – Microsoft Azure, AI forecasting tools are embedded directly into existing enterprise systems and data warehouses. Traders can test models on small, low-risk cases within existing workflows—eliminating consulting overheads and enabling rapid, scalable experimentation with minimal structural disruption or IT investment.

4. Proprietary Data Is the Ultimate Weapon

In the AI trading era, private data determines competitive advantage. Firms combining their proprietary datasets—cargo schedules, refinery outages, vessel movements—with public market data will generate superior predictions. Those who depend solely on open or subscription feeds like Refinitiv or Bloomberg risk commoditization. AI's edge depends on feeding it what others cannot access.

5. Physical Traders Face a Data-Trust Dilemma

Many energy companies hesitate to share operational data due to security, compliance, and confidentiality concerns. The winning strategy is localized AI deployment via sovereign cloud solutions that guarantee privacy. By keeping sensitive data within secure Azure or Fabric environments, traders gain AI intelligence without compromising data sovereignty—a prerequisite for widespread industry adoption.

6. The Real Advantage Lies in Scenario-Based Forecasting

AI's new power lies in dynamic “what-if” modelling. Traders can test custom hypotheses—like an unannounced refinery outage or policy shift—and instantly simulate price impacts. Combining private insights with algorithmic forecasts transforms strategy from reactive to anticipatory. Scenario-driven trading becomes the key differentiator between mere automation and intelligent decision-making.

7. Trust and Transparency Will Define Adoption Pace

Explainability is critical for trader confidence. Winning AI systems show the reasoning behind each forecast, highlighting drivers, data sources, and uncertainty bands. This transparency enables human scrutiny and reduces reliance on “black box” outputs. In a regulated market, tools that reveal logic rather than conceal it will see faster, deeper adoption.

8. Speed and Real-Time Learning Replace Historical Back-Testing

Next-generation biologically inspired neural networks learn continuously in real time, adapting instantly to new information. Unlike traditional models reliant on years of historical back-testing, these networks process live data streams, identifying volatility shifts and price anomalies instantly. This agility gives traders real-time market foresight—a decisive edge in fast-moving physical markets.

9. Testing and Failing Fast Is the Winning Mindset

Successful firms will adopt a “fail-fast” culture—experimenting with AI on targeted use cases like short-term arbitrage or storage optimization. Small-scale pilots minimize cost and risk while building internal know-how. Firms that test early and iterate rapidly will capture learning curves faster than those paralyzed by large-scale digital transformation inertia.

10. Waiting on the Sidelines Is the Biggest Risk

While concerns over data bias, model manipulation, and control persist, the cost of inaction is greater. Financial institutions and hedge funds are already leveraging AI to forecast flows, price risk, and capture spreads faster. Physical traders who delay adoption risk losing visibility, margins, and market relevance in the AI-driven trading era. ■

